# IDS 2935: Chocolate Science and Engineering for a More Just Society (8/19/24 version) Quest 2

### I. General Information

#### **Class Meetings**

- Fall 2024
- M-W-F period 3, 9:35 am 10:25 am
- Location Larsen Hall 310.

#### Instructor

- Jose I. Reyes De Corcuera
- Frazier-Rogers 273
- M-W after class (11:00 am 12:00 noon)
- jireyes@ufl.edu

#### **Course Description**

A large portion of the foods that we eat come from other countries. We worry about the safety and quality of the food we buy, but we do not reflect very often on where and how it was produced. Unaware, we enjoy food that is produced by individuals who live in poverty. How can innovations in biology and engineering contribute to more equitable modes of food production (e.g., chocolate)? How can each of us contribute to the effective deployment of practical technologies to improve the livelihood of people we may never directly interact with? Using cacao and chocolate as an example, this Quest 2 course will provide you with a holistic view of the global food supply chain. With an emphasis on biological sciences, you will learn how different fields of science and engineering are applied to produce sound agricultural practices and to develop the processing technologies used today to make fine flavor chocolate. You will identify opportunities for technology development at the interface of biological sciences, chemistry, engineering, economics, and social sciences. You will also gain a critical understanding of the socioeconomic and political hurdles that exist both, in developing and developed countries. Through a set of active learning activities and reflections focused on plant biology, biochemistry, microbiology, and biological engineering, you will meet and interact with other UF students from different majors but with a common passion for humanity and chocolate to address these pressing questions. You will have the opportunity to interact remotely with researchers and students from other countries, and yes, you get to eat chocolate in this course. As a group, we will make our own chocolate bar starting from cacao beans and use this experience as a metaphor for building a more just society.

### **Quest and General Education Credit**

- Quest 2
- Biological Sciences

This course accomplishes the <u>Quest</u> and <u>General Education</u> objectives of the subject areas listed above. A minimum grade of C is required for Quest and General Education credit. Courses intended to satisfy Quest and General Education requirements cannot be taken S-U.

#### **Required Readings and Works**

Coe, S.D, and Coe, M.D. (2013) *The true history of chocolate* (3<sup>rd</sup> ed). Thames & Hudson Ltd. London. ISBN 978-0-500-29068-2.

Brenner, J.G. (2000) *The emperors of chocolate: inside the secret world of Hershey and Mars*. Broadway Books, NY. ISBN 0-7679-0457-5

Materials and Supplies Fees: n/a

### II. Graded Work

#### **Description of Graded Work**

#### Theme Reflection Assignment

Theme reflections are designed to help students realize the broad multidisciplinary nature of and to understand the contribution of science and technology to the food supply chain in the historical and current context of cacao and chocolate. Students will be able to identify gaps of knowledge in science as well as the needs for the development and/or transfer of technology. With that understanding, students will be able to formulate hypotheses or statements of need and propose strategies that mitigate poverty and social inequities through the use of technology. The historical perspective will help students recognize how societal factors influence the outcomes of technological interventions including unintended consequences and unanticipated human reactions to well-intentioned contributions. Theme reflections are one-page, 12-size font, single space, 1-inch margins all around. The student's name must appear on the top margin.

#### Short Reading Assignments and Storytelling.

Reading assignments are intended to complement and contextualize what is taught in the course. Scientific and technological developments occur within a historical context. To better understand that context, two books will be covered: **The True History of Chocolate** (THC) by Sophie D. Coe and Michael D. Coe (3<sup>rd</sup> Edition) and **The Emperors of Chocolate: Inside the Secret World of Hershey and Mars** (EC) by Joël Glenn Brenner. Teams of 3 or 4 will be randomly created by the instructor on week 2 after the drop/add deadline. At that time, each team will be assigned the presentation of one of the reading assignments. At the beginning of the second period of this course, teams will present their reading using the following format:

1. Ten-minute narrative of the chapter(s) using a PowerPoint presentation (<u>no notes allowed</u>, students must stand away from the computer). The narrative should include the historical context. In other

words, the time period that is covered with examples of what was known or discovered in the fields of biology, chemistry, physics, and/or human health at that time. Students are encouraged to highlight items that are particularly unexpected or surprising because of their novelty, originality, or obsolescence. This will help us understand how science and technology, in particular, biological sciences have evolved.

- 2. Slide presentation consisting of:
  - **Slide 1:** Title of the assigned reading, names, and majors of the students presenting.
  - Slide 2: Infographic that illustrates the reading. The goal of the infographic is to help the rest of the class understand and learn as much as possible about the content of that reading at a glance. The infographic should also help guide the storytelling of the theme. <u>Students must create the infographic</u>. Infographics downloaded from the internet are <u>not</u> acceptable. This item assesses students' creativity and <u>ability to synthesize ideas</u>. While this slide is on, students must summarize the reading and explain how each component of the infographic relates to the book chapter.
  - Slide 3: Take-home message: the single most important aspect of the reading. Students must analyze, discuss, and interpret a few important things that they read, and they must explain why the one thing that they selected is the most important. In other words, why would the class want to learn the content of the assigned reading? All teams must start by stating verbatim: "This is important because...". Students can expect exam questions that ask: Why is \_\_\_\_\_ discussed in \_\_\_\_\_ reading is important?
  - **Slide 4:** Your personal connection to the topic. A brief anecdote, cultural dimension, or story that makes you connect to the topic. Each team member must make an individual connection.
  - **Slide 5:** One multiple-choice question and one fill-in-the-blank question that are adequate for the exam. At least 10% of the grade for each exam will come from these questions. When you formulate the questions, ask yourself why anyone would want to know this. Make sure the answer is interesting to as many people as possible. When this slide is up, please explain why you chose these questions. You must also include the answers to these questions.

Presentations must be uploaded onto the Canvas <u>before class presentations</u> to share with the rest of the group. All documents uploaded onto Canvas must be typed and saved in .pptx or .pdf format. I cannot read other formats. Presentations will be judged by student peers using a survey that follows the rubric below.

Students who listen to the presentation should formulate good questions for the presenters. Students scheduled to present one week later must ask each a good question to the presenters. The instructor will take off points from teams who do not ask questions.

#### Exams

Written exams have four sections. Section I is designed to assess your **knowledge** in the form of 10 multiple-choice and fill-in-the-blank type questions. Section II is designed to assess your **knowledge** and your **ability to communicate** clearly and concisely in the form of 10 short full-sentence answers to specific questions. Section III has 5 to 5 questions designed to assess your understanding of concepts through **associations and connecting concepts to themes**, grouping, and classifying elements of the lectures. Section IV is designed to assess your critical thinking and communication skills in the form of short paragraph answers to 4 thematic and application questions. In other words, I will assess whether you can **analyze**, **extend**, **and apply concepts** learned in class to scenarios not covered in class.

#### Quizzes

Five-question multiple choice quizzes are not graded but are the key that opens your access to class recordings. Classes will be recorded as a tool for review. The first week of classes will not require passing a quiz. You only have five attempts to pass the quizzes. These quizzes are also a good tool to review what was covered in class. Therefore, taking the quizzes indirectly will help you prepare for the exams.

Peer assessment of participation in team assignment	5%
Assignments (Theme reflections + other short assignments)	15%
(Reflections 7% short assignments 8 %)	
Reading assignments/presentations	30%
Exam 1	14%
Exam 2	18%
Exam 3 (Final)	18%
	Assignments (Theme reflections + other short assignments) (Reflections 7% short assignments 8 %) Reading assignments/presentations Exam 1 Exam 2

#### **Grading Scale**

For information on how UF assigns grade points, visit: <u>https://catalog.ufl.edu/UGRD/academic-regula-tions/grades-grading-policies/</u>

Calculated decimal grades will be rounded up or down using a two-digit criterion. In other words, if your calculated final grade is 93.50 your grade will be 94 or A. If your grade is 93.49 your grade will be 93 or A-.

А	94 - 100%	С	74 – 76%
A-	90 – 93%	C-	70 – 73%
B+	87 – 89%	D+	67 – 69%
В	84 – 86%	D	64 – 66%
B-	80 – 83%	D-	60 – 63%
C+	77 – 79%	E	<60

### **Grading Rubric(s)**

#### **Theme Reflection Rubric**

Item		Grading	
In your own words state the theme that was discussed over the last two weeks of lectures.	The theme is correctly stated (1 point).	The theme is inaccurately stated (0.5 points).	The theme is misrepre- sented or not listed (0 points).
List the biological, biochemi- cal, chemical, physical, and/or engineering principle that was covered	At least one of the scientific or engineering principle(s) is correctly listed (1 point).	A scientific principle is listed but somewhat incorrectly. (0.5 points).	No scientific or engineering principle is listed (0 points).
Reflect on how that principle contributes to the quality and economic value of cacao and or chocolate	A clear reflection of the con- tribution of the scientific or engineering principle to the quality and economic value of cacao is written (2 points).	An unclear reflection of the contribution of the scientific or engineering principle to the quality and economic value of cacao is written (1 point).	No reflection of the contri- bution of the scientific or en- gineering principle to the quality and economic value of cacao is written (0 points).

Reflect on any historical event that affected our un- derstanding of these princi- ples	A clear reflection of histori- cal events that led to the dis- covery and use of these prin- ciples (2 points).	An inaccurate or incomplete reflection of historical events that led to the dis- covery and use of these prin- ciples (1 point).	No reflection of historical events that led to the dis- covery and use of these prin- ciples (0 points).
Briefly discuss how these principles apply to other bio- logical systems including ag- ricultural products	A clear discussion of how these principles apply to other biological systems (2 points).	A vague discussion of how these principles apply to other biological systems (1 point).	No discussion of how these principles apply to other bio- logical systems (0 points).
Identify gaps of knowledge or needs for technology de- velopment or transfer of technology or the creation of infrastructure that would help increase the incomes of cacao smallholders	A gap of knowledge or a need for technology devel- opment or transfer of tech- nology or the creation of in- frastructure that would help increase the incomes of ca- cao smallholders is clearly identified (1 point).	A gap of knowledge or a need for technology devel- opment or transfer of tech- nology or the creation of in- frastructure that would help increase the incomes of ca- cao smallholders is vaguely identified (0.5 points).	No gap of knowledge or a need for technology devel- opment or transfer of tech- nology or the creation of in- frastructure that would help increase the incomes of ca- cao smallholders is identi- fied (0 points).
Briefly state any additional learning that caught your at- tention from student presentations, other assign- ments, or experiential learn- ing activities.	Additional relevant learning is reported clearly (1 point).	Additional learning is re- ported but it is not very rele- vant, or it is not reported clearly (0.5 points).	No additional learning was reported (0 points).

#### Short Presentation Rubric

Each student in the team must present a part of the reading and all students must participate equally. The presentation must be logical and must be completed in  $10 \pm 1$  min. One point will be taken off for each minute difference from  $10 \pm 1$  min. If any of the required items is absent, a grade of "0" will be given to that item. That option will be available on online the grading survey.

Item		Gra	ding	
Presentation Quality	Very clear (verbal and Somewhat clear (ver-		Not very clear (verbal	Unclear (verbal and
	graphic), logical, and	bal and graphic).	and graphic). I could	graphic), illogical, or
	engaging (2 points).	Some of what the pre-	not understand an im-	not engaging (0.5
		senters said was not	portant part of what	points).
		very clear and/or	the presenters were	
		some of the items on	saying or could not	
		the slides were not	read their slides very	
		easy to read. There is	well.	
		logic and the presen-	The organization was	
		tation is engaging (1.5	not very logical or en-	
		points).	gaging (1 point).	
Critique the bullet	Excellent take-home	Good take-home mes-	Take-home message	Very poor take-home
points that were pro-	message. It is an ex-	sage. It interprets very	not clearly connected	message. It does not
vided as take-home	cellent critical reflec-	well the importance	to the narrative of	reflect any analysis of
message	tion of the importance	of the reading and	the presentation or	the importance of the
	of the reading and	how someone would	simply repeats what	reading. It would not
	how one can poten-	be interested in this	was presented with-	trigger any interest in
	tially apply the con-	reading (1.5 points).	out analysis or inter-	anyone (0.5 points).
	tent of the reading (2		pretation (1 point).	
	points).			
Personal Connection	Excellent and clear	Good connections	The connections	The connections con-
	connections between	presented by the stu-	between the topic	fused me. They do not
	the topic and the per-	dents helped me to	and the personal	appear to be related
	sonal experience of		experiences are not	

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	the presenting team.	better recall the im-	clear or are trivial. It	to the theme of the
	These connections	portance of the	does not reinforce my	reading (0.5 points).
	helped me to make	reading (1.5 points).	learning or interest (1	
	my own connection (2		point).	
	points).			
Infographic quality	Excellent infographic. In a snapshot, it syn- thesizes and inter- prets the reading. It will definitely help me remember the narra- tive (2 points).	The infographic repre- sents very well the topic. I can see the key elements of the reading and it will help my learning (1.5 points).	The infographic some- what represents the topic, but not all the key elements of the reading are clearly represented. I can readily suggest im-	The infographic poorly represents the topic and the important information is missing or it is difficult to link the image to the con- cepts of the reading
Quality of the ques-	Excellent questions	The question and	provements (1 point). The questions and	(0.5 points). The questions and
tions	and answers. They	answers are clear and	answers are not	answers are not
	truly assess the learn-	fair (not too easy,	perfectly clear. They	appropriate for the
	ing of something im-	not too difficult). They	focus on an aspect of	exam (0.5 points).
	portant (2 points).	are relevant (1.5 points).	the reading that is not very important (1	
			point).	

#### Participation Rubric

Part of your participation grade will be based on your contribution to your team assignment that requires a written report and a team presentation. Your peers will assess your performance using a survey that your peers will fill out online. When a team member does not participate at all, a "0" grade will be given. That option will be available on the online grading survey.

	Excellent (5 points)	Good (4 points)	Average (3 points)	Insufficient (2 points)	Unsatisfactory (1 point)
Quality of the contribution: Provided sound insights to discussions. His/her par- ticipation was very valuable to the prepa- ration of the report and presentation.					
<b>Commitment to Team / Project:</b> Attends all meetings. Arrives on time or early. Pre- pared. Ready to work. Dependable, faith- ful, reliable. Positive attitudes.					
Leadership: Takes initiative, makes sug- gestions, and provides focus. Energetic? Has a "can do" attitude. Sparks creativity in others. Seeks consensus. Encourages and brings out the best in others					
<b>Responsibility:</b> Gladly accepts work and gets it done. Spirit of excellence. Makes the most of his or her abilities. Gives fully, doesn't hold back.					
<b>Communication:</b> Communicates clearly when he/she speaks and when she/he writes. Makes a clear effort to communi- cate					

Modified From: http://www.engr.sjsu.edu/nikos/courses/engr10/teamcard.htm

## III. Annotated Weekly Schedule

Week	Topics, Homework, and Assignments
Week 1 Aug 22-23	<ul> <li>Topic: Introduction to the course</li> <li>Summary: This is an introduction to the instructor and the course. We will go over the syllabus.</li> <li>Requires Readings/Works – N/A</li> </ul>
Week 2 Aug 26-30	<ul> <li>Topic: From Rural Ecuador to Manhattan – A Trip to the Dissonant Economics of the Cacao/Chocolate Supply Chain.</li> <li>Summary: This is an introduction to the history of cacao production and commerce from pre-Hispanic times to today. We will analyze the evolution of the economic value of cacao and chocolate and reflect on the spectrum of social realities of all the participants in the supply chain. We will analyze the globalization of the chocolate industry and reflect on the impact of science and technology on the cacao and chocolate industries. We will also overview the current sociopolitical situation of the major cacao-producing countries and the major chocolate-consuming countries.</li> <li>Required Readings/Works: No reading or work during add/drop week.</li> <li>Assignments due on Friday by 5:00 pm: 1) Syllabus 5-question quiz. 2) Visit UF Marston Science Library and find a printed copy of a book dealing with cacao or chocolate, take a picture of the book title page and a picture of you by the shelves where you found the book. Write 2 to 3 full sentences that explain why you chose that book. A bonus point will be given if you go to the library with a classmate (from this class). You will document that by taking a selfie of both with your selected books.</li> </ul>
Week 3 Sep 2-6 Sep 2 La- bor Day. No classes	<ul> <li>Topic: Under the Tropical Sun: Climate, Soil, Nutrients, and the Cacao Tree. Part I</li> <li>Summary: We will cover the phylogenetics of cacao and its evolution as influenced by climate, and cacao pod physiology. We will overview the different systems of cacao production and recognize the need.</li> <li>Required Readings/Works: The True History of Chocolate, Chapters 1 &amp; 2 (51 pages)</li> <li>Assignments due on Friday by 5:00 pm: 1) Week 1 lectures 5-question quiz 2) One-page reflection on theme 1.</li> </ul>
Week 4 Sep 9-13	<ul> <li>Topic: Under the Tropical Sun: Climate, Soil, Nutrients, and the Cacao Tree. Part II</li> <li>Summary: We will discuss the organic and non-organic production of cacao in the context of economic and environmental sustainability, and overview international cacao breeding programs in response to demand for quantity, quality, and tolerance to diseases. Believe it or not, UF has developed excellent cacao varieties used in many cacao-producing countries. Finally, we will describe precision agriculture and identify opportunities to apply precision agriculture technologies to cacao production.</li> </ul>

Week	Topics, Homework, and Assignments
	<ul> <li>Required Readings/Works: The True History of Chocolate, Chapters 3 &amp; 4 (62 pages)</li> <li>Assignments due on Friday by 5:00 pm: 1) Week 2 lectures 5-question quiz. 2) Use the Web of Science database to find a <u>review paper</u> on any of the dimensions of cacao production discussed in class. Upload the pdf file of that paper to Canvas</li> </ul>
Week 5 Sep 16-20	<ul> <li>Topic: Witches Broom and Other Scary Bugs and the Magic Potions that Destroy Them. Part I.</li> <li>Summary: We will describe the main cacao pests, some mechanisms of plant infec- tion as well as some mechanisms of plant defense, and how international multidis- ciplinary research in the U.S. and Europe has contributed to the fight against cacao diseases.</li> <li>Required Readings/Works: The True History of Chocolate, Chapter 5 (51 pages)</li> <li>Assignments due on Friday by 5:00 pm: 1) Week 3 lectures 5-question quiz. 2) One- page reflection on theme 2.</li> </ul>
Week 6 Sep 23-27	<ul> <li>Topic: Witches Broom and Other Scary Bugs and the Magic Potions that Destroy Them. Part II.</li> <li>Summary: Students will learn the pesticides and fungicides used in cacao produc- tion and the existence of different pesticide use regulations in different countries that have led to questionable practices. We will discuss how cacao diseases spread, and the need for mathematical modeling of biological systems. Students will discuss the impact of humans on the spread of cacao diseases.</li> <li>Required Readings/Works: The True History of Chocolate, Chapters 6 &amp; 7 (59 pages)</li> <li>Assignments due on Friday by 5:00 pm: 1) Week 4 lectures 5-question quiz. 2) Find a disease of a crop (not cacao) associated with your favorite food (other than choc- olate). In 100 to 200 words, explain the impact of that disease. Consider impacts on hunger and malnutrition and other economic impacts.</li> <li>Exam 1 (on Friday)</li> </ul>
Week 7 Sep 30 – Oct 4	<ul> <li>Topic: Yeasts and Bacteria Gone Wild – A Well-Fermented Bean. Part I.</li> <li>Summary: An overview of the history of fermentation across centuries and countries will be used to introduce the fundamentals of yeast and bacterial fermentations. Students will be introduced to microbial and plant enzymes, their mechanisms, kinetics, and their role in the development of chocolate flavor.</li> <li>Required Readings/Works: The True History of Chocolate Chapters, 8 &amp; 9, The Emperors of Chocolate, Author Notes, and Chapter 1. (52 pages)</li> <li>Assignments due on Friday by 5:00 pm: 1) Week 5 lectures 5-question quiz. 2) One-page reflection on theme 3.</li> </ul>
Week 8 Oct 7-11	<ul> <li>Topic: Yeasts and Bacteria Gone Wild – A Well-Fermented Bean. Part II.</li> <li>Summary: We will discuss spontaneous and controlled fermentations and intro- duce students to "-omic" tools to characterize microbial fermentations. We will also discuss the need for biostatistics and bioinformatics. We will discuss different cacao</li> </ul>

Week	Topics, Homework, and Assignments
	<ul> <li>fermenter designs and the scientific myths that have emerged from not applying the scientific method in the development of pseudo-knowhow.</li> <li>Required Readings/Works: The Emperors of Chocolate, Chapters 2-5 (52 pages).</li> <li>Assignments due on Friday by 5:00 pm: 1) Week 6 lectures 5-question quiz. 2a) Type a list of 5 fermented foods and indicate the microorganism involved in the fermentation. 2b) For one of these foods, state the culture and geographic location where that food is believed to have originated. Provide one refereed reference that supports the information you provide for item 2b.</li> </ul>
Week 9 Oct 14-18 Oct 18 Homecom- ing. No classes	<ul> <li>Topic: Chocolate - a Processed Food yet Nobody Complains About It! The Engineering Behind Modern Chocolate-Making. Part I.</li> <li>Summary: Students will learn all the unit operations involved in chocolate making including drying, roasting, winnowing, and size reduction. Students will be introduced to the principles of heat transfer and Maillard reaction. These unit operations will be demonstrated in class.</li> <li>Required Readings/Works: The Emperors of Chocolate, Chapters 6-9. (60 pages)</li> <li>Assignments due on Friday by 5:00 pm: 1) Week 7 lectures 5-question quiz. 2) One-page reflection on theme 4.</li> </ul>
Week 10 Oct 21-25	<ul> <li>Topic: Chocolate - a Processed Food yet Nobody Complains about It! The Engineering Behind Modern Chocolate-Making. Part II.</li> <li>Summary: Students will learn ingredient mixing, production of cocoa powder and cocoa butter, chocolate tempering, and 3D printing. The physics and chemistry of these processes will be discussed within the context of the manipulation of biological materials. Further demonstrations will be done in class.</li> <li>Required Readings/Works: The Emperors of Chocolate, Chapters 10-13 (64 pages).</li> <li>Assignments due on Friday by 5:00 pm: 1) Week 8 lectures 5-question quiz. 2) Go to your favorite grocery store and make a list of all the dark chocolate bars that you can find. Make sure you explore the ethnic or specialty foods aisle as well as the candy aisle. In a table format, record their brand, their price, their percent cocoa, their origin, their weight, and any designation such as "organic". Using Excel, calculate their price per kilogram, and organize the data in increasing price per kilogram. In 100 to 200 words analyze and discuss your findings in particular in relation to price. Take a picture of yourself at the grocery store, holding one of the chocolate bars.</li> </ul>
Week 11 Oct 28 – Nov 1	<ul> <li>Topic: From Bean to Bar – The Physics and Chemistry of Chocolate. Part I.</li> <li>Summary: We will cover cacao composition and discuss the chemistry of biological molecules. Students will be introduced to the need of analytical techniques to characterize complex biological matrices. This will complement the lecture on "-omics". We will also discuss the role of ingredients in chocolate from a formulation perspective. We will have our first chocolate-tasting exercise in class.</li> <li>Required Readings/Works: The Emperors of Chocolate, Chapters 14-17.</li> <li>Assignments due on Friday by 5:00 pm: 1) Week 9 lectures 5-question quiz. 2) One-page reflection on theme 5.</li> </ul>

Week	Topics, Homework, and Assignments
	• Exam 2 (on Friday)
Week 12 Nov 4-8	<ul> <li>Topic: From Bean to Bar – The Physics and Chemistry of Chocolate. Part II.</li> <li>Summary: Students will be introduced to the nutritional properties of chocolate. They will learn how to calculate nutrition facts based on composition. We will also discuss the role of ingredients and chocolate components from a nutritional perspective. Differences in chocolate product labeling requirements and differences in the tolerance to the presence of heavy metals in chocolate in different countries will be discussed.</li> <li>Required Readings/Works: The Emperors of Chocolate, Chapters 18-21 (56 pages).</li> <li>Assignments due on Friday by 5:00 pm: 1) Week 10 lectures 5-question quiz. 2) On the Internet find the list of ingredients of 5 different chocolate bars with different cocoa percent, including white chocolate, milk chocolate, ~60% ~70% and ~90%. Make sure that these 5 bars are from different brands. In the form of a table, indicate the weight of the bar and record the following information from the nutrition facts panel: serving size, calories per serving, total fat, total carbohydrates, and total protein. In 100 to 200 words discuss your findings to answer the questions is chocolate a healthful food? How much chocolate should I eat every day?</li> </ul>
Week 13 Nov 11-15 Nov 11 Veterans Day. No classes	<ul> <li>Topic: Chicken Soup or Chocolate for the Soul – The Psychophysics of Chocolate. Part I.</li> <li>Summary: Students will be introduced to sensory science. They will learn the physiology and the psychology of taste. We will cover the principles of taste, texture, and aroma characterized by the human senses. We will discuss the most commonly used sensory analysis tests and carry out in class two tests.</li> <li>Required Readings/Works: The Emperors of Chocolate, Chapters 22 &amp; 23 (26 pages).</li> <li>Assignments due on Friday by 5:00 pm: 1) Week 11 lectures 5-question quiz. 2) One-page reflection on theme 6.</li> </ul>
Week 14 Nov 18-22	<ul> <li>Topic: Chicken Soup or Chocolate for the Soul – The Psychophysics of Chocolate. Part II.</li> <li>Summary: We will contrast how our human senses function and compare them to laboratory instruments. We will discuss the challenges associated with obtaining quantitative data from subjective measurements. We will further discuss the cul- tural and experiential factors that affect human sensory perceptions.</li> <li>Required Readings/Works: Makeup presentations for teams wanting to raise their presentation grade.</li> <li>Assignments due on Friday by 5:00 pm: 1) Week 12 lectures 5-question quiz. 2) In 100-200 words write a metaphor or a poem that uses cacao transformation into chocolate to describe the social stratification across the cacao/chocolate supply chain or throughout history.</li> </ul>
Week 15 Dec 2-6	Topic: What Tastes Better than Chocolate? – The Flavor of Global Social Justice and Equity. Part I.

Week	Topics, Homework, and Assignments
Dec 6 Reading Day. No classes	<ul> <li>Summary: Students will be introduced to development engineering. With the participation either live or through a recorded lecture, colleagues with extensive development experience including members of the Global Food Systems Institute, students will discuss what was learned throughout the semester, and list the current sociopolitical and economic conditions of the cacao and chocolate supply chain. They will summarize the state-of-the-art technologies discussed in class and that are used across the cacao/chocolate supply chain and identify opportunities for improvement or for the transfer of technologies. This instructor and guest-guided reflection will lead to the recognition of the societal and political hurdles and provide resources to address them. We will host via Zoom researchers and/or chocolate manufacturers from cacao-producing countries. In a round table format, students will have the opportunity to ask questions and interact with our guests to learn more about how technology has contributed or not to build a more just society across the cacao/chocolate supply chain and learn more about what remains to be done.</li> <li>Required Readings/Works: Makeup presentations for teams wanting to raise their presentation grade.</li> <li>Assignments due on Wednesday by 5:00 pm: 1) Week 13 lectures 5-question quiz. 2) Compile all your one-page reflections and formulate a priority list of research themes, formulate a research hypothesis, and draft a research plan. Detailed guidelines can be found in Canvas and will be discussed in class. You may include your thoughts on theme 7.</li> </ul>
Week 16 Dec 12, 12:30 – 2:30	• Final Exam 3 (date found on UF's final exam schedule <u>https://regis-</u> <u>trar.ufl.edu/courses/final-exam</u> )

## IV. Student Learning Outcomes (SLOs)

At the end of this course, students will be expected to have achieved the <u>Quest</u> and <u>General Education</u> learning outcomes as follows:

**Content**: Students demonstrate competence in the terminology, concepts, theories, and methodologies used within the discipline(s).

Identify, describe, and explain a) the terminology associated with plant sciences, horticultural sciences, plant pathology, postharvest, food science, and process engineering used for the transformation of cacao into chocolate as well as the basic food and agricultural economics terminology; b) the concepts of plant genetics and physiology including biological, chemical, and physical, principles that drive cacao metabolism, the major components of chocolate and chocolate quality, plant pathogens, microbial growth and fermentations, heat and mass transfer during processing, and the economic and political forces that affect cacao producers' livelihoods c) the theories of climate-driven plant evolution, fundamentals of genetics for plant improvement, plant infection

and spread of diseases, microbial growth, transport phenomena, sensory perception, enzyme function, engineering design, and transfer of technology, and **d**) the methodologies used in horticultural practices to maximize yield and ensure sustainability, pest and pathogen management, breeding for plant improvement, fermentation processes, chocolate processing technology, sensory analysis, and technology-driven humanitarian interventions (Gen Ed: Identify, describe, and explain the basic concepts, theories and terminology of natural science and the scientific method; the major scientific discoveries and the impacts on society and the environment; and the relevant processes that govern biological and physical systems. Quest: Identify, describe, and explain the cross-disciplinary dimensions of a pressing societal issue or challenge as represented by the social sciences and/or biophysical sciences incorporated into the course.) Student competency will be assessed through quizzes, exams sections I and II, written reflections, short presentations, and assignments.

**Critical Thinking**: Students carefully and logically analyze information from multiple perspectives and develop reasoned solutions to problems within the discipline(s).

Analyze economic, historical, and scientific data to assess the polarization of wealth and correlate economic development with access to knowledge, technology, and capital. Identify opportunities and hurdles for technological developments and transfer of technologies that could increase the incomes of smallholders. Analyze the entire cacao/chocolate supply chain to identify gaps in knowledge and technology needs. Formulate testable research hypotheses and propose sound experiments or strategies for the transfer of technology understanding social, political, and cultural constraints. (Gen Ed: Formulate empirically testable hypotheses derived from the study of physical processes or living things; apply logical reasoning skills effectively through scientific criticism and argument; and apply techniques of discovery and critical thinking effectively to solve scientific problems and to evaluate outcomes. Quest: Critically analyze quantitative or qualitative data appropriate for informing an approach, policy, or praxis that addresses some dimension of an important societal issue or challenge.) Student competency will be assessed through in-class discussions, written reflections, and responses to exam questions in sections III and IV.

**Communication**: Students communicate knowledge, ideas and reasoning clearly and effectively in written and oral forms appropriate to the discipline(s).

• Formulate, share, and select questions relevant to each of the topics of the course. Write short reflections that clearly identify the technological challenges describe the biological dimension of the problem and propose how engineering and technology can contribute to creating a more just society. (Gen Ed: Communicate scientific knowledge, thoughts, and reasoning clearly and effectively. Quest: Develop and present, in terms accessible to an educated public, clear and effective responses to proposed approaches, policies, or practices that address important societal issues or challenges.) Student competency will be assessed through biweekly reflections, paragraph responses to questions in section IV of exams, and final group presentations (slides and oral communication).

**Connection**: Students connect course content with meaningful critical reflection on their intellectual, personal, and professional development at UF and beyond.

• **Connect** the fundamentals of biology, chemistry, physics, and engineering that were learned using cacao and chocolate to other global agricultural commodities. **Identify** areas of knowledge from student's own major that can potentially influence the supply chain of agricultural commodities and reduce domestic and global inequities. **Recognize** the international origins of knowledge and

its dynamic exchange as a necessary mechanism to address poverty. **Realize** the unifying power of scientific discovery and technological development. (Quest: Connect course content with critical reflection on their intellectual, personal, and professional development at UF and beyond.) Student competency will be assessed through written reflections and group presentations.

## V. Quest Learning Experiences

### 1. Details of Experiential Learning Component

Among several active learning components, this course has several experiential learning activities. In an assignment, each student must go to a grocery store and identify different types of chocolate bars. With the information that they collect they will analyze the added value of different products based on origin, brand, and other components. Each student will reflect on the added value based on the current price of cacao. This information along with bi-weekly reflections on the course themes will help students formulate strategies to improve the livelihood of cacao smallholders through the transfer of technology at different stages of the supply chain. We will have several chocolate tasting sessions in which students will learn how to characterize the sensory attributes of chocolate and associate them with the genetics and the physiology of cacao as well as with the biochemical, chemical, and physical changes that cacao undergoes in its conversion to chocolate. We will have in-class demonstrations of how to make a chocolate bar starting from cacao beans. Volunteers from the class will help carry out all the processing steps. All students will experience the evolution of the aroma of the beans throughout the process. Students will write a metaphor or a poem that uses cacao transformation to describe the social stratification across the cacao/chocolate supply chain. Finally, students will interact via Zoom with researchers and/or students from cacao-producing regions in the form of a roundtable. Finally, students will make group presentations on assigned book chapters. During the presentations, each student makes a personal connection to the reading.

#### 2. Details of Self-Reflection Component

This course has two main self-reflection components. The course is divided into seven major themes. Every other week, at the end of the theme each student will write a brief one-page reflection on the social, scientific, and technological challenges identified in the theme through lectures and optional reading resources posted on Canvas. The reflections are centered on the core question of how biological sciences and engineering can contribute to increasing incomes, bringing prosperity to the poor, and building a more just society. In other words, each reflection must describe the biological dimension of the problem, how engineering and technology can contribute to addressing the problem, and how such a contribution could improve the incomes of smallholders and create a more just society. The compilation of these reflections will be used at the end of the semester as the foundation to formulate a priority list of research themes, formulate research hypotheses, and draft a research plan. The other reflection component is the personal connection that students must share with the class when they present their assigned book chapter(s).

### **VI. Required Policies**

#### **Attendance Policy**

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at: <u>https://catalog.ufl.edu/ugrad/current/regula-tions/info/attendance.aspx</u>

#### **Students Requiring Accommodation**

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the disability Resource Center by visiting <u>https://disability.ufl.edu/students/get-started/</u>. It is important for students to share their accommodation letter with their instructor and discuss their access needs, as early as possible in the semester.

#### **UF Evaluations Process**

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <a href="https://gatorevals.aa.ufl.edu/students/">https://gatorevals.aa.ufl.edu/students/</a>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <a href="https://ufl.bluera.com/ufl/">https://ufl.bluera.com/ufl/</a>. Summaries of course evaluation results are available to students at <a href="https://gatorevals.aa.ufl.edu/public-results/">https://ufl.bluera.com/ufl/</a>.

#### **University Honesty Policy**

UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthor-ized aid in doing this assignment." The Honor Code (https://www.dso.ufl.edu/sccr/process/student-con-duct-honor-code/) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor or TAs in this class.

#### **Counseling and Wellness Center**

Contact information for the Counseling and Wellness Center: <u>http://www.counseling.ufl.edu/</u>, 392-1575; and the University Police Department: 392-1111 or 9-1-1 for emergencies.

#### **The Writing Studio**

The writing studio is committed to helping University of Florida students meet their academic and professional goals by becoming better writers. Visit the writing studio online at <u>http://writing.ufl.edu/writ-ing-studio/</u> or in 2215 Turlington Hall for one-on-one consultations and workshops.

#### **In-Class Recordings**

Students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor.

A "class lecture" is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or lecturer during a class session.

Publication without permission of the instructor is prohibited. To "publish" means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code.